

Month/Year: March 1 - 29/2019

Oglala Lakota County Schools

| Monday | Tuesday | Wednesday | Thursday | Friday MARCH 1/2019 |
|--|--|--|---|---|
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Grilled Chicken breast on a wg Bun w/mayo Potato Triangles Peas & carrots Tropical fruit Milk |
| Monday March 4/2019 | Tuesday March 5/2019 | Wednesday march 6/2019 | Thursday March 7/2019 | Friday March. 8/2019 |
| BBQ Rib San on a wg Bun w/ BBQ CUPS Tator tots Baked Beans Pears Milk | Breaded Pork Pattie Mashed Potato/gravy Buttered carrots Tropical fruit Wg. Roll - jelly Milk | Ash Wednesday French Bread Cheese Pizza Tossed salad Corn on the Cob Apple Crisp Milk | Beef & noodles Casserole Cabbage salad Green Beans Pineapple Slices Wg. Biscuit - jelly Milk | Tangerine Chicken Rice Pilaf Peas Mandarins Oranges Breaded Sticks (2) Milk |
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| Monday March 11/2019 | Tuesday March 12/2019 | Wednesday March 13/2019 | Thursday March 14/2019 | Friday March 15/2019 |
| Hot Ham & cheese san on a WG. Bun w/mayo French fries Baked Beans Rosy Applesauce Milk | Chicken fried Beef patty Mashed Potato/gravy Green Beans Peaches Wg. Roll - jelly Milk | CHILI Crackers Cheese Stick Cinnamon Roll Apple Milk | Meat Loaf / catsup Baby baked potato/sour cream Buttered carrots Pears Whole grain roll - jelly/honey MILK | Chicken & Noodles Peas & carrots Cabbage salad Tropical fruit Wg. Biscuit - jelly Milk |
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| Monday March 18/2019 | Tuesday March 19/2019 | Wednesday March 20/2019 | Thursday March 21/2019 | Friday March 22/2019 |
| Cheeseburger on a wg. Bun w/pickles/mustard/catsup French fries Baked Beans Pears Milk | Goulash Cabbage salad Green beans Pineapple slices Whole wheat Roll - jelly Milk | Deli Turkey san w/slice cheese & lettuce Potato Triangles Peas Rosy Applesauce Milk | Oven Baked Chicken Mashed Potato / gravy Buttered carrots Fresh fruit mix Wg. Roll - jelly Milk | Taco's (soft or hard) Salsa / sour cram Lettuce & cheese cups Corn Peaches Chocolate cake Milk |
| Salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |
| Monday March 25/2019 | Tuesday March 26/2019 | Wednesday March 27/2019 | Thursday March 28/2019 | Friday March 29/2019 |
| Hot Dog on WG. Bun w/relish/mustard/catsup Macaroni & cheese Green Beans Pears Milk | Chicken CHUNKS W/SAUCE Tator tots Peas & carrots Pears Banana Bread Milk | Breaded Pork patty Mashed potato /gravy Corn on the Cob Peaches Wg. Roll Milk | Spaghetti w/meat sauce Lettuce mix Green Beans Mandarin oranges French Bread Milk | Super NACHO'S w/cheese & salsa Curly fries Peas Rosy Applesauce Churro (1) Milk |
| salad Bar | Salad Bar | Salad Bar | Salad Bar | Salad Bar |

This institution is an equal oppunity provider. No child will be discriminated against because of race, color, sex, national origin, age or handicap.

If you believe you have been discriminated against, write to the Secretary of Agriculture, Washington DC 20250

Menu subject to change based on product availability